

Welcome

We offer a wide range of facilities and activities.
There really is something for everyone, you can choose from:

- Swimming Pool
- Swimming Lessons
- Fitness Suite
- Workout Classes
- Café
- Conference and Meeting Room
- Active Parties
- Children's Activities
- Table Tennis
- Sports Hall

Membership feels great...

isospa Fitness Health Membership includes unlimited use of:

- Fitness Suite
- Swimming Pool
- Workout Classes

H2O Membership includes unlimited use of:

- Swimming Pool (excluding Aqua Fit)

Discounted memberships are available for the following:

- Students
- Juniors
- Those over the age of 60

Contact Reception, or a Customer Advisor for details of prices and which membership is the most suitable for you, or pick up a Membership leaflet.

Lutterworth Sports Centre
Coventry Road, Lutterworth, Leicestershire, LE17 4RB

Telephone: 01455 200800

Web: www.lutterworthsportcentre.com



Opening Times
Monday-Friday
 06.30 - 22.30
Saturday & Sunday
 07.00 - 22.00

Centre Information

2009

all part of
feeling
great

Activity	Day	Time	Price
Isospa Fitness and Workout			
Gym Induction			£8.30
Casual Gym	Monday – Friday	06.30 – 22.30	£5.60
	Saturday & Sunday	07.00 – 22.00	£5.60
Junior Gym			
Gym Induction			£5.20
Casual Gym	Tuesday & Thursday	16.00 – 17.30	£3.85
	Saturday & Sunday	14.00 – 16.00	£3.85
Swimming Pool			
Adult Swim	See Pool Timetable		£2.95
Junior Swim	See Pool Timetable		FREE
Over 50's Lifestyle	See Pool Timetable		£2.00
Aqua Fit	See Pool Timetable		£4.20
Swimming Lessons			
Junior Lessons	Monday – Saturday	Contact Reception	
Adult Lessons	Sunday	Contact Reception	
Crash Courses	See Holiday Timetable		
Health Suite			
Sun Beds			From £4.00
Active Lifestyle			
A specific programme of activities for those over the age of 50 only, including: Swim, Gym, Health Suite, Workout Classes and Badminton	Monday, Wednesday & Friday	09.00 – 12.00	£2.95
Sports			
5 A Side (Sports Hall)			£30.50
Badminton Off Peak			£4.60
Badminton Peak			£6.30
Basketball (One Rink)			£6.30
Table Tennis			£3.20

Activity	Day	Time	Price
Courses			
Contact Reception			
GP Referral Scheme			
Contact Reception			
Room Hire			
Meeting Room			£20.00 p/h
Dance Studio			£25.85 p/h
Bar			£15.50 p/h
Mind & Body Studio			£23.00 p/h
Sports Hall (Whole Day)			£500
Crèche			£15.50 p/h
To hire the room facilities please speak to the dry side Duty Manager			
Children's Parties			
H20 Pool Party	Saturday	17.00 – 21.00	£90.00
H20 Pool Party	Sunday	17.00 – 18.00 & 19.00 – 20.00	
Roller Disco Party	Saturday	13.00 – 21.00	£75.00
Roller Disco Party	Sunday	13.00 – 18.00	
Football Party	Saturday	13.00 – 21.00	£75.00
Football Party	Sunday	13.00 – 18.00	
Crèche	Monday – Friday	09.00 – 15.30	From £1.90

Additional Information

Hints and Tips

- Use the changing facilities and lockers provided for all personal belongings
- A £1 coin (refundable) is required for the lockers
- Don't forget your workout towel
- Appropriate clothing and footwear for the activity must be worn
- Consult a doctor before participating in any activity
- Make your instructor aware of pregnancy or any medical conditions
- If you feel dizzy, or unwell, then stop the activity and seek advice from your instructor
- It is a good idea to try and book your classes in advance to guarantee your place.

Bookings

- Booking can be made 7 days in advance from 09.00. It is payment upon booking for non members.
- Members can book upto 7 days in advance via phone or online via www.lutterworthsportcentre.com using their membership number.
- Members will need their membership number to make a booking.

Cancellation Policy

- 24 hours notice must be given to cancel a booking.
- All customers giving less than 24 hours notice, or failing to attend a pre-booked activity will be charged the full fee for the activity in question.
- Customers with payments outstanding will NOT be permitted to book/attend activities until the outstanding payment has been cleared.
- Cancellations can be made by phone or in person.